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Word of the Month

GOALS

It is important that we set goals for ourselves! Goals give us a path to follow to success, and accomplishing a goal allows us to feel good about ourselves. Your biggest goals can take days, months, or even years to accomplish. For example, if your goal is to become a popular musician, you can't do it overnight! You will start with smaller goals, like, "I will learn how to play guitar," and "I will put on a guitar show for my parents." Writing down your goals can help you plan! Fill out the list below, using smaller goals to help you reach your big goals:

BIG goal: I want to _____ (Earn my Black Belt) _____.

In order to do this, my small goals are _____ (Practice at home) _____.

and _____ (Show up to every class) _____.

BIG goal: I want to _____.

In order to do this, my small goals are _____.

and _____.

BIG goal: I want to _____.

In order to do this, my small goals are _____.

and _____.

COMPLETE YOUR GOALS AND TURN IN BY JANUARY 31

MY CHILD COMPLETED THIS SHEET TO THE BEST OF THEIR ABILITY: _____

I COMPLETED THIS SHEET TO THE BEST OF MY ABILITY: _____